

Sabbatical Programme 2019



20th October to 16th November, 2019

**Mount St. Anne's
Retreat & Conference Centre**

Killenard, Portarlinton, Co. Laois

Ph. +353(57)8626153

Email: sabbaticals@mountstannes.com

www.mountstannes.com/events



Presentation Sisters

North East Province (Ireland)

About the Sabbatical Programme

**Providing a breathing space in your ongoing Faith Journey
to 'Reflect, Refresh and Renew'**

FROM PREVIOUS PARTICIPANTS

'It has been an absolute gift to step out of my life for a short while and enter a completely new space of reflection and renewal., in the beautiful environment of Mount St. Anne's'

'I have been empowered to make personal changes in my life'

'I thought there was a good balance between personal space and group involvement'

'I have found the last 4 weeks an experience that will change me forever'

'I would never have believed you could compile a selection of such world class speakers, all from your own backyard'

At Mount St. Anne's, in the lovely heartlands of Ireland, we are offering Sabbatical Programmes which will give participants an opportunity to reflect on their life journey, to be refreshed by new experiences and to be renewed by a variety of perspectives presented to them.

During our four-week programme, participants will be invited to deepen their connection with the spiritual, cognitive and affective selves through diverse experiences.

Through a rhythm of a well-structured programme, ritual, daily prayer and liturgy participants may be both affirmed and challenged.

The programme content is designed to support personal growth, time for relaxation and spiritual renewal in a welcoming environment.



The fee of €3700 is fully inclusive of all meals, accommodation, tuition and field trips.

(see back cover for details on how to apply).

Closing date for applications:

1st August, 2019

Date	Programme Schedule
Sunday 20 th October	Arrival at Mount St. Anne's
Monday 21 st October	Orientation (<i>Mount St. Anne's Team</i>)
Tuesday 22 nd October	Day of Reflection (<i>Mount St. Anne's Team</i>)
Wednesday & Thursday 23 rd & 24 th October	Celtic Spirituality from an Irish perspective. (Sr Trinita Laffan PBVM)
Friday 25 th October	<i>Trip to Solas Bride in Kildare, to explore the Spirituality of St. Brigid</i> (<i>with the Brigidine Sisters</i>)
Saturday & Sunday 26 th & 27 th October	<i>Personal Time</i>
Mon, Tues & Wed 28 th , 29 th & 30 th October	The Accompanied Journey Inwards (<i>John Doherty</i>)
Thursday & Friday 31 st Oct & 1 st Nov	Adult Faith in the 21st. Century. (<i>Fr Diamuid O'Mhurchú</i>)
Sat, Sun & Monday 2 nd , 3 rd and 4 th Nov.	<i>Personal Time</i>
Tues, Wed & Thurs 5 th , 6 th and 7 th Nov	Praying the Scriptures (<i>Dr Rosalie Ní Mhaoldomhnaigh</i>)
Friday 8 th November	<i>Trip to see the Book of Kells at Trinity College, Dublin.</i> (<i>with Dr Fainche Ryan, Loyola Institute</i>)
Saturday & Sunday 9 th & 10 th November	<i>Personal Time</i>
Mon, Tues & Wed 11 th , 12 th & 13 Nov.	Emerging spirituality in light of our Cosmic Story – the relationship between spirituality and ecology. (<i>Dr Niamh Brennan</i>)
Thursday & Friday 14 th & 15 th November	The Mission has a Church! (<i>Dr Oonagh O'Brien</i>)
Saturday 16 th November	Departure from Mount St. Anne's

For a full description of these courses, check out our website:

www.mountstannes.com/events

BOOKING DETAILS

You are invited to contact:

Dr. Oonagh O'Brien

by phone or email, in the first instance.

Email: sabbaticals@mountstannes.com

Tel: +353(57)8626153

You will then receive an Application Form.

This Form should be completed and returned no later than **1st August 2019**

As it is expected that there will be a high

Level of interest and that the Programme is likely to book out quite quickly. We look forward to hearing from you.

Fee: €3,700.00

(includes all meals, accommodation, tuition and field trips)

Once you have received confirmation of an available place, an initial holding deposit will be required, followed by full payment prior to the commencement of the Sabbatical Programme.

At Mount St. Anne's you will find peaceful and tranquil surroundings, conducive to prayer and reflection. We offer nourishment for body, mind and spirit, in an environment of natural beauty and simplicity. We reach out in faith, in a spirit of hospitality, compassion and simplicity to all. Please visit the events section our website for location and other additional information.

About Presentation Sisters

'Nano Nagle, founding the Presentation Congregation in 1775 in Cork began by paying attention to her world and the needs of her people. In the light of her Catholic faith, she experienced this reality as the call of the Spirit of God acting on her own spirit, awaiting her response. So, over a period of years, she completely changed her way of living, acting, relating in order to be true to her heart's call'

Presentation Sisters continue today to live out the vision of Nano Nagle by responding creatively to ever changing social challenges wherever they find themselves in the world.

*(Extract from: Fire on the Earth—p7: Raphael Consedine)