

Upcoming Events.....

**Mount St Anne's Retreat and Conference Centre,
Killenard, Portarlinton, Co. Laois.** See our Website and
FB for updates and more information.

www.mountstannes.com 0578626153



SPRING COURSES ONLINE: All Courses are at 19.00-21.00 (UTC) on ZOOM

Mindful Mystic

February 2,9,16,23. (John Doherty)

This course introduces participants to a deep inner exploration of spirituality, connection and mysticism through various mindfulness and contemplative practices. It will be experiential in nature backed up with poetry, readings and theory of a person's journey from brokenness and suffering to wholeness and an identity centred and grounded in Great Love.

Emerging spirituality in light of our Cosmic Story – the relationship between spirituality and ecology

February 3,10,17,24 (Niamh Brennan)

This course will focus on the relationship between spirituality and ecology, drawing specifically on the Story of the Universe. It will explore the way in which the Universe Story is also our own personal story and how a greater understanding of this story can inspire a more sacred and more intimate relationship with Earth and those we share Earth with.

Evolution and Spirituality in the 21st Century

March 2,9,16,23 (Diarmuid O' Murchu)

Our churches and religions are struggling to keep pace with the evolutionary changes of our time. A global emergency like COVID-19 opens up new ways of understanding evolution. How to integrate these newly expanded horizons of meaning may well be the greatest challenge for contemporary spirituality.

"Has God spoken only through Moses?" (Num 12:2) Travelling the Easter story with the women of scripture

March 3,10,17,24 (Gráinne Doherty)

A series of four talks explores the meaning and significance of the Easter story by examining and engaging with the prophetic witness of women in the scriptural accounts of both the Exodus story and the Passion narrative.

**€100 for each course. To book a place email
secretary@mountstannes.com 057 8626153**